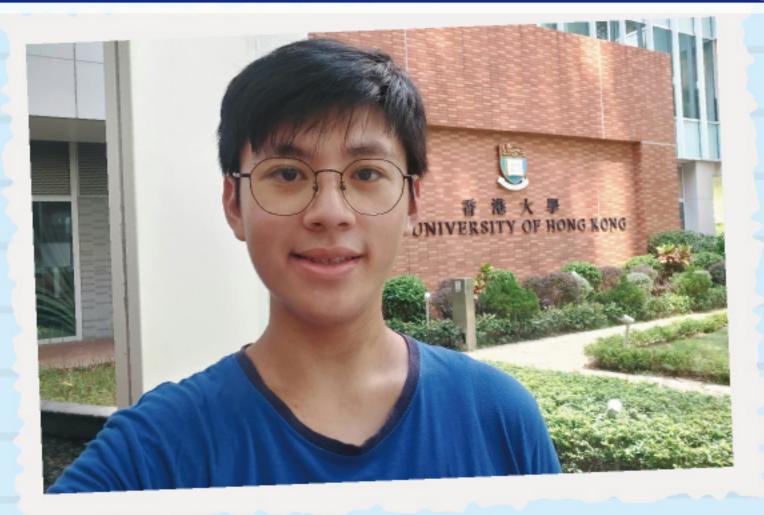
# 余中課程銜接大學之路 創科研究 孕育精英

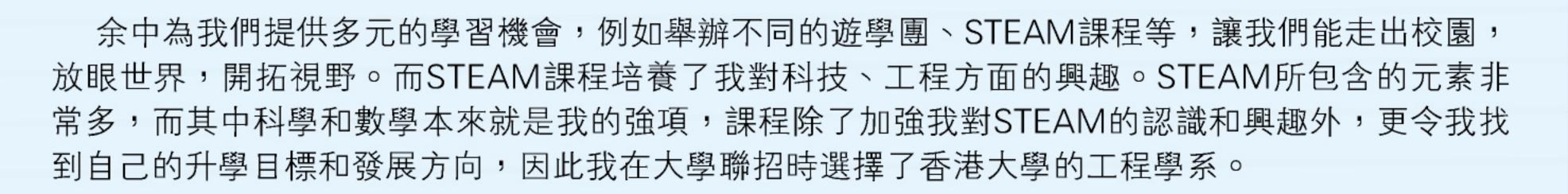
余中課程一向切合孩子的發展需要,期望我們的學生可以透過中學的學習生活,銜接未來的升學之路。我們專訪了 4位畢業生,了解余中課程如何協助孩子裝備自己,迎接未來。

余中的創科研究課程,一直是學界的先驅,過往有不少學生都能憑藉中學的課堂,裝備自己,迎接多姿多彩的大學 生活,踏上康莊大道。

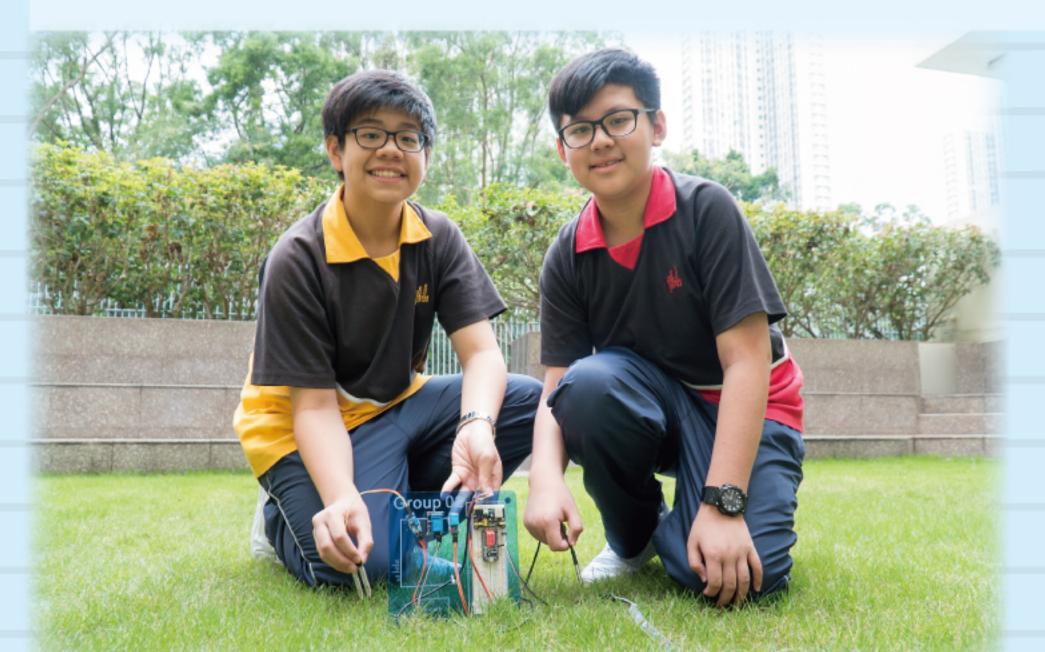
#### 施仲恒 香港大學 工學學士







能成功入讀心儀的大學學系,我更要感謝余中提供了一個良好的學習環境,以及對同學循循善誘的老師。老師不只是關心我們的成績,更盡力了解我們的需要,為我們提供最適切的協助。







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余中官方 YouTube Channel



#### 鄧家僑 香港中文大學 能源與環境工程學



余中為我在大學中的學術和個人發展打下了良好基礎,正所謂「讀萬卷書不如行萬里路」,余中舉辦不同的交流團活動,讓同學到世界不同的角落拓寬眼界,學習書本以外的知識,近至中國內地,遠至非洲,足跡遍佈全球。過程中更可以學習與人相處和待人接物的技巧,變得更獨立自主。

另一方面,余中亦非常注重同學的英文能力和水平,因此會為同學提供不少的英語學習資源,例如舉辦英文口語訓練班, 讓我們對用英文溝通的信心大大提升,在大學學習時更得心應手。





#### 李朗鉎 香港理工大學 酒店及旅遊管理(榮譽)理學士組合課程



我能成功入讀心儀大學,最想感謝 的是余中的老師。因為老師能針對中 學文憑試教授我們應試的技巧,令我 更有信心去應試。老師亦會透過不有 的小生應試。老師亦會透過不有 的小組活動及分享,他們不單有效 率地學習。除此以外軍在 學上花心思,更會主動關心學生的 人狀況,學生和老師之間的關係可以 說是亦師亦友。在老師悉心指導下 我在不同科目獲得滿意的成績,順利 入讀大學。





#### 朱庭希 香港城市大學 電機工程學系



我選讀工程學系是因為一直以來我在校內曾參與不同的STEM比賽,如Robomaster。這些比賽主要是以編程及設計為主,令我在中學階段已經掌握了基礎的編程知識,亦令我想學習更多關於這方面的專業知識,因此城大的資訊工程學系成為了我在大學聯招時的首選。

另外,余中除了讓我找到自己未來的發展方向,也在 我學習路上提供了不少協助,例如學校提供不同的暑期 及課後補課,老師會在課堂中針對我們不同的需要作個 別指導;在文憑試開考前更舉辦了奮進班,邀請許多資 深老師協助我們準備文憑考試。我能夠順利入讀心儀的 科目,要感謝我的母校余中。





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# 会機場團金的機學團

疫情過後,一切復常,余中揚帆啟航,展開全方位遊學活動,帶領我們的孩子 走訪世界各地,擴闊眼界。



#### 中四級 張羿翃

在這七日的蒙古之旅,讓我們留下了珍貴難忘的回憶。當中最令我印象深刻的旅程是希拉穆仁草原之行,我們在草原觀賞了漠南傳奇的表演,演員

們配合馬匹完成很多難度甚高的花式動作,這些動作是需要蒙古民族和他們的戰馬有着一份深厚而互信的關係才能完成。在這次經歷中,我深深感受到傳統的蒙古民族和他們的戰馬關係是如此親密和親切,和我想像中截然不同。除此以外,我們還嘗試騎馬,在草原上奔馳,讓我有一個全新的體驗。

在旅程中,我發現除了要學會獨立之外,和同伴之間的溝通是非常重要的。在面對困難時,我們要一起合作才能解決。此外,內蒙古的人都十分熱情,我希望可以將他們這份熱情帶給身邊的人!



## 〇 色學生把動的 北京之旅

#### 中五級 黃浩然

我和組員申請了由陳廷驊基金會全力支持余中的「造夢獎學金」,然後一起製作簡報、進行演講及面試,最終成功規劃北京之旅。我們先後到訪八達嶺長城、天壇、魯迅博物館、圓明園、頤和園以及景山公園。旅程中令我最難忘的景點就是觀看天安門廣場升旗儀式。當時四周人山人海,人們都一排一排站立著,然後儀仗隊徐徐走來,場面令我十分難忘。

是次活動讓我明白享受過程的重要性,它可以為我帶來快樂、滿足感和讓我成長。在追求目標或實現夢想的過程中,我們經歷了各種挑戰和取得了成功,這些都是值得珍惜的回憶。



# 是雙地電影響地

#### 中三級 張紫澄

在這次泰國保育大象之旅,我們去了大象自然公園。這個主要收留受虐或退休大象的收容所,目前有100多頭大象。除了收留大象,這裡還有400多隻流浪狗和300多隻流浪貓。在活動中,我認識到大象的生態保育,了解到大象的棲息地,而且發現大象是很聰明的動物。

最令我印象深刻的是親眼目睹獲救大象身上的傷痕,發現原來在泰國或其他地方,有很多象園的工作人員會非法捕捉並虐待幼象、用鐵勾虐打大象、逼牠們讓旅客騎乘等等。我們亦了解到很多象園偽裝成「大象庇護所」,主打餵食、幫大象洗澡等近距離「照顧」的「道德旅遊」,實際上背後仍存在暴力馴象等情況,相當可怕。

這個旅程,除了接觸大象及認識泰國的文化外,亦讓我反思使用動物為人類帶來娛樂所造成的道德問題,啟發我去進一步思考人類和動物生命的價值和意義。



# EMMESTERMENSEE SE



李置業老師

是次交流活動旨在讓同學了解不同地方的科技發展,認識新加坡的文化特色、科技教育以及獲得升學資訊等。首先,同學有機會參觀新生水公司,了解新加坡如何將污水淨化;其次,同學參觀到ITE SCHOOL,並與當地學生交流,藉此向他們介紹香港的特色。作為老師,我從活動中學習到不同的教學方法,特別是以LEGO作為教材;而學生則從中明白了團隊合作的重要性以及提升自身的解難能力。





未來日子,余中會延續我們的傳統,帶領我們的孩子四出交流, 增廣見聞,在旅程中不斷學習、不斷成長。

# 

家傳戶曉的法國名著《小王子》,一直都是本校中一級中文科的必修讀物,書中有不少人生價值觀對人生不同階段都有很大的啟發。為了讓中一學生得以實踐及體會當中的價值觀,中文科特別於2023年夏季,舉辦中一級價值教育劇場 — 《小王子》,令同學心領神會,體悟人生價值。



#### 中二級 謝子康

去年,我參加了中文科舉辦的小王子戲劇表演——「狐狸糊塗遇到你」,這真是一個難忘的體驗。過程中同學各司其職,而我則有幸擔任導演一職。這次的舞臺表演十分有意義,同時也令我們學會了欣賞身邊人。我十分欣賞道具組的同學,他們合力製造了蘋果樹、花叢等。起初蘋果樹並不穩固,但道具組的同學不但沒有氣餒,還請教科學老師如何改良,這樣的態度,很值得我去學習。

至於劇中演員既要背誦台詞,又要練習演技。雖然過程辛苦,但同學都能迎難而上,沒有放棄。我們更利用課餘時間排戲、製作道具、討論劇本等,師生們都付出了時間和心血。這次比賽,我不在乎輸贏,因為過程中我已穫益良多。

在這次演出中,同學同心協力做到最好。而蔡老師更一直陪伴我們,鼓勵我們,在我們遇到困難的時候 伸出援手,團結台前幕後的同學,令整個劇組十分有凝聚力,最後更如願獲得第一名。

#### 中二級 巫怡寧

台上發揮學生得益

在小王子戲劇表演中,我飾演狐狸,這個角色令我領悟到何謂真正的友誼。當小王子感到 孤獨時,他遇見了聰明的狐狸。在兩人建立感情的過程中,狐狸讓小王子明白到甚麼是愛與 責任,同時這戲劇亦讓我明白到原來愛,用眼睛看不見,只有用心才能感受到,啟發了我要 珍惜身邊人。

正式演出前,我也幫忙訂購服裝、製作假髮、王冠等道具。在選購服裝當日,因為要為不同演員找到合適的服裝,所以我和蔡老師很晚才回家。感謝老師給予我們參與設計和造型的機會,並一直陪伴我們。此外最令我印象深刻的是摺玫瑰花的過程,同學們會一起看短片,一起研究怎樣摺,彼此互助互愛,氣氛和諧。







#### 香港龍舟錦標賽2023中學混合組冠軍









「余中」龍舟隊每位成員來自不同年級,憑着團結、拚勁、努力和汗水,於2023年多個龍舟賽事中獲取佳績。

# 中六同學榮獲影評比賽優異獎讚揚堅持不撓精神



由紫荆文化集團舉辦的《光影進校園》暨《紫荆杯影評 徵文比賽》日前公佈比賽結果,本校中六級梁敬暉同學,獲 得中學組優異獎。梁同學認為這次比賽是一次很好的機會, 可以豐富自己的閱歷。梁同學表示,在看完電影後,理解到 一部電影的成功不單是劇情內容能夠觸動人心,還有電影背 後的用心製作。因此在寫影評時,除了描述背景、內容、感 受,應該還要注意到其他因素,例如拍攝角度、後期處理、 場景佈置等等看點。他還補充:「回想當初根本沒有想過會 有機會獲得獎項,而當我看到屬於自己的獎盃時,才了解到 這次活動對我的重要以及意義。」是次比賽梁同學以講述中 國攀山隊為題的電影作品《攀登者》為題材,頌讚攀山隊堅 持不撓的精神。

#### 首屆故宮文化大使

第十一屆學界龍舟錦標賽



# Yu Kan Hing Post A4 I ENGLISH I

2023-2024

### WORLD GENIUS CONVENTION AND EDUCATION EXPO

#### S.6 Chan Kam Kwan, Kelvin

Last year, we participated in an international competition called World Genius Convention (世界天才發明展). We competed against students from different countries, including America, Australia and Russia.



In the competition, we were asked to showcase our inventions in terms of commercial use and technical creativity. During the event, we were also asked to introduce our project to a group of Australian primary school students.

Overall, going to Japan for a competition was an amazing and challenging experience. Before I went to Japan, I thought I had already finished the most difficult part. Turns out the real challenge was to present our hard work of 3 years. I think it's safe to say that we thrive in difficulties as we won the silver medal eventually. Participating in the competition was definitely one of the most unique and worthy learning experiences in my secondary school life.





#### S.6 Yu Hoi Lam, Cherry

In May, we participated in the **World Genius Convention (世界天才發明展)** in Tokyo. After the competition, we were given a chance to take a glimpse of Tokyo's beautiful scenery and I was impressed by the Japanese culture and architecture.

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To begin with, we visited some famous tourist attractions such as the Tokyo Tower (東京鐵塔), Sensoji Temple (淺草寺), Meiji Shrine (明治神宮), and the Tokyo Station. Two of them are well-known Shinto shrines in Japan, I could strongly feel the sense of mystery of Shinto and experience Japanese traditions and culture through the exquisite architectural style.

On top of that, I also extremely appreciate their patience. As we are not native Japanese speakers, we discovered that it is hard to understand and communicate with the locals. Even though we tried hard to explain, it still took a long time. However, the locals were very patient and tried to help us as much as they could. They also took everything seriously, which is what we should learn from them and how we are supposed to treat everyone.

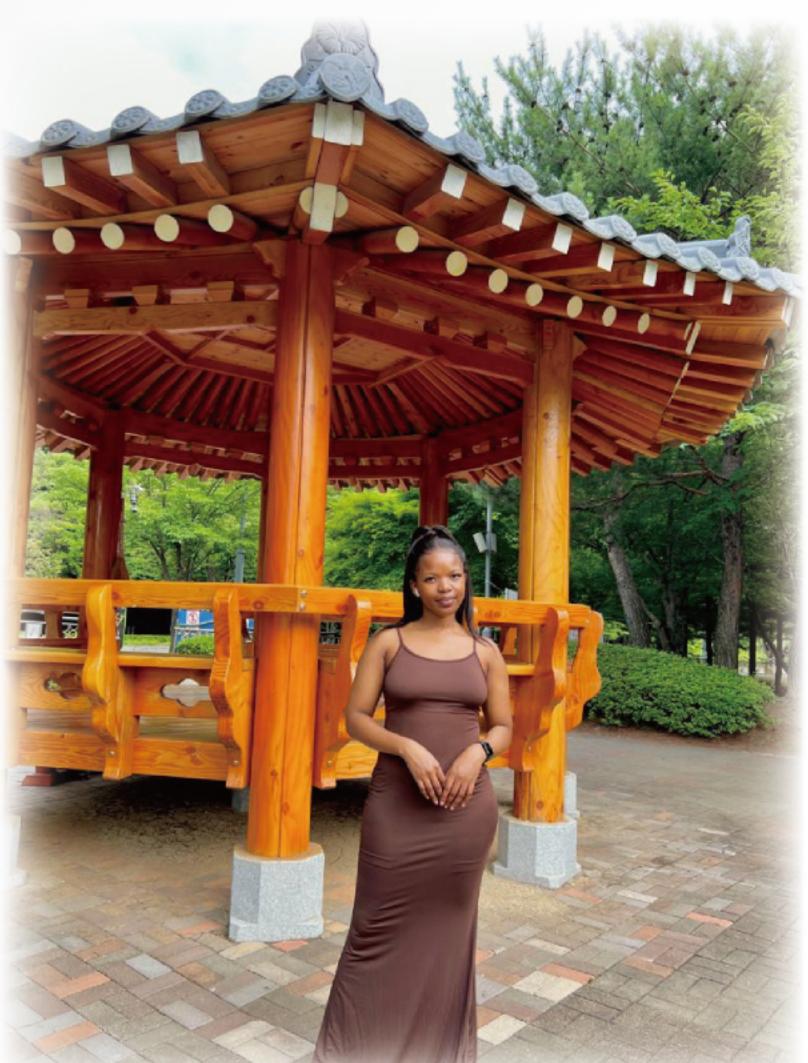
Overall, it was a unique experience in my secondary school life. The competition was not the only highlight of our trip, I also took a meaningful lesson on how to be patient and respectful to everyone around us. That's also my favorite part of Japan.



# Let's get to know our new 3 3 3

#### Ms. Mandy Ayanda Mnukwana

Hi, my name is Mandy. I was born and raised in a beautiful country called South Africa. As the oldest of 5 children, my daily activities included jogging and gardening every evening after school. I believe that being raised in South Africa made me appreciate life even more because it made me love my beliefs and values.



When growing up, I was interested in human studies and my favorite subject was Biology. As a matter of fact, in University I studied Bachelor of Medical Sciences. And later on decided to broaden my horizons and study English as a second language. My interest has always been to travel the world someday. So when I got an opportunity to go teach in South Korea I grabbed that with both hands! However, I am now currently a teacher in Hong Kong.



In my spear time I love traveling, blogging, taking pictures and going for fun activities with my friends. I also love having a downtown time to myself, just being home relaxing and reflecting on things that I've done before and things that I want to improve about myself. One thing about me, I'm a firm believer of hard work and I love to put in time and effort to better my craft!

My country is described as a "rainbow nation" with people of all colors, from all backgrounds, rich and poor, and all religions and many different languages (11 official languages). South Africa's natural beauty is practically unmatched with wide ranging landscapes including Fynbos, Cape winelands, stunning beaches etc. Its beauty is also complimented by its pleasant climate, making it an all year-round destination. Days are typically warm and sunny, and winter is short. Summer runs from November to February. In December, I love going carol singing, on Christmas Eve with friends and family!



My name is Mr Zee. I am one of the new NETs at YKH. I'm very excited to be here, teaching and learning from all the wonderful students at the school. I've had an incredible time so far and hope to continue doing so.

I'm from a small country in the sweltering savannahs of southern Africa called Zimbabwe. Perhaps some of you have heard of it. It's incredibly lush, beautiful and has a lot of interesting wildlife. Zimbabwe's cities are big and have large roads and lots of traffic. We have really good weather and interesting people.

I have lived in Hong Kong for one year though I have previously visited a few times. I taught at another secondary school in Hong Kong before coming here. In the past I have lived and taught in a training school in mainland China. Hong Kong is a lovely city with many interesting aspects. I have thoroughly enjoyed it so far and hope to continue to do so.





